

The 10 most over-the-top luxury apartment amenities in the US

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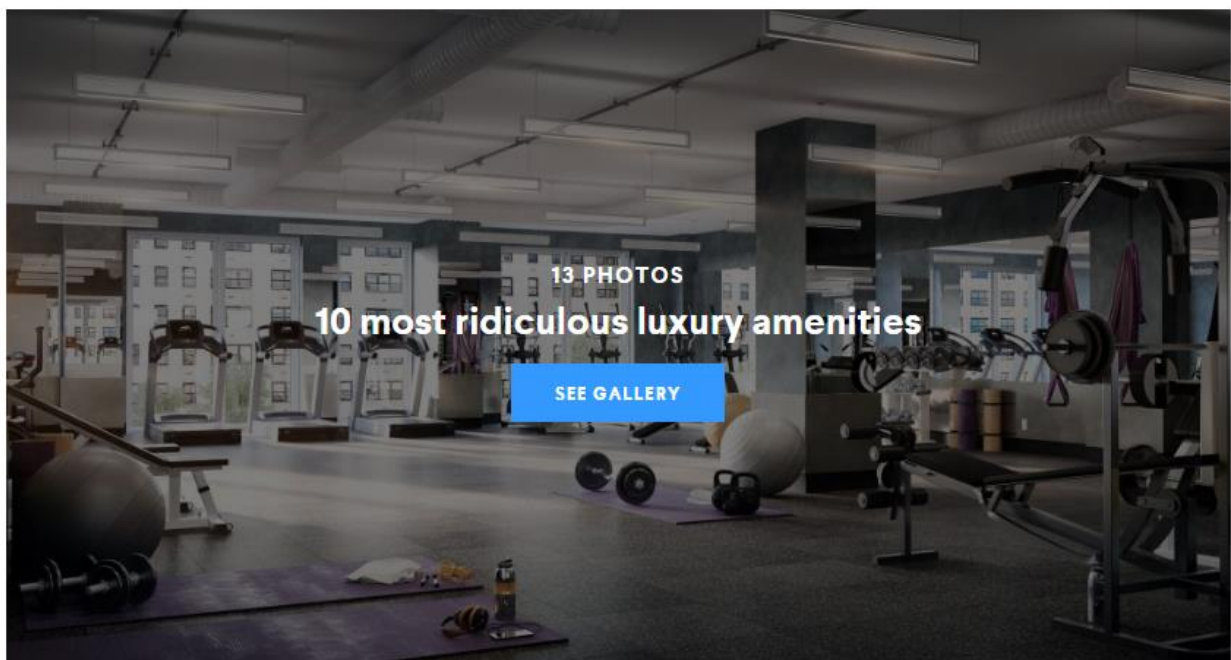
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New year, new you – It's not uncommon to make a New Year's resolution centered around the foundation of health and wellness.

Residential buildings and health clubs alike know this, especially as being fit and health-conscious rises in popularity, and luxury buildings in particular are cashing in on the trend.

But gone are the days of simple weight rooms, lounges with a handful of couches and chairs or complimentary discounted passes to nearby spas and wellness clubs. Luxury developments are packing a punch with outrageous perks.

You won't believe the lengths they're taking to attract a young, active clientele. From feng shui parks to sports simulators, click through to see the most over-the-top luxury health and wellness amenities of 2017:





9. Open Air Fitness

Also in Miami, [Three Hundred Collins](#) boasts an outdoor area designated for yoga and stretching, perfect for those who despise crowded public parks, but still want to work out in an open air environment. Meanwhile in Brooklyn, [7 DeKalb Avenue](#) has utilized its outdoor terrace to host residents-only outdoor yoga events in partnership with the ever-popular lululemon.