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8 Of The Most Over-The-Top Luxury Condo Wellness Amenities

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by Christie Grimm · March 23, 2017



It's a Gwyneth Paltrow world, and we're just living in it. For those of you who think scoring an apartment building with a laundry room, and for those high rollers, maybe even a doorman, well, let's just say the grass really is greener on the other side. These days, the wealthier among us devote far more energy to all things health and wellness - practicalities be damned.

Flip through for some of the most over-the-top amenities condo owners are seeking out, from infrared saunas to feng shui parks!

Open Air Fitness



Residents of [The Ritz-Carlton Residences, Miami Beach](#) take full advantage of Florida's year-round warm weather with a private jogging/walking path, which circumnavigates the entire 7.2 acres of the property. Also in Miami, [Three Hundred Collins](#) boasts an outdoor area designated for yoga and stretching, you know, in case a public park is just too public for you. Meanwhile in Brooklyn, [7 DeKalb Avenue](#) uses its outdoor terrace to host residents-only outdoor yoga events in partnership with, wait for it, Lululemon.

[Photo via The Ritz-Carlton Residences, Miami Beach]

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